



HIDDEN BEACH RESORT

MINI COURSE

CONTENTS

INTRODUCTION	3
WHY CHOOSE HIDDEN BEACH OVER OTHER RESORTS?	4
CASTAWAYS TRAVEL KNOWS HIDDEN BEACH	5
CLOTHING IS ALWAYS OPTIONAL	9
LUXURY ALL-INCLUSIVE SUITES AND SERVICES.....	11
THEME NIGHTS AND PARTIES	15
DINING – SO MANY GREAT CHOICES	16
WHAT TO PACK	20
HOW TO BOOK	24

INTRODUCTION

Join us as we look at Hidden Beach Resort and what to expect from the pinnacle of clothing optional resort destinations.

PLUS, you are now an "Insider" for Hidden Beach Resort and we will make sure you receive personal notifications of specials, discount and resort news.



WHY CHOOSE HIDDEN BEACH OVER OTHER RESORTS?



Our customers tell us that, Hidden Beach Resort is the classiest of the adult, clothing optional resorts. It offers the amenities of three resorts as it is next door to the elegant El Dorado Seaside Suites and Sensimar Resorts. Karisma Resorts operates these fabulous properties.

HBR is intimate with 42 Oceanfront Jacuzzi Suites and one Presidential Luxury suite on site. It has activities and plenty to do without losing its relaxed feel. Hidden Beach has enough “spice” for any traveler whether you are a nudist or want to have fun with friends. It is a favorite destination that people return to again and again.

CASTAWAYS TRAVEL KNOWS HIDDEN BEACH



James and Donna have been involved with clothing optional travel for since 1984. They helped found Hidden Beach Resort in 2003 when Castaways hosted the first nude week ever in Mexico at El Dorado Resort, which was reserved for a full week of nude fun by over 300 guests.




Hidden Beach Resort (next door to El Dorado and Sensimar Resort) opened that same week, May 3, 2003. What's more, Castaways chartered the first nude flight in history on a Boeing 737 jet between Miami & Cancun to celebrate the week and the opening of Hidden Beach Resort.

Castaways' owners, James and Donna, have been involved with clothing optional travel since 1984.

See part of the history here at [Naked- Air.com](http://Naked-Air.com)

See also Castaways' Story of Hidden Beach <http://hiddenbeach.net/the-story-of-hidden-beach-islands-magazine/>

CASTAWAYS HAS DEVELOPED A SCALE FOR MOST OF THEIR DESTINATIONS WHICH ARE BASED ON THREE FACTORS:

1.  Stars : The classic measure of quality.
2.  Dollars : A relative scale of cost.
3.  Spice : The scale from nudity to sensual to sexual.

FOR HIDDEN BEACH RESORT WE CAN APPLY THE FOLLOWING SCALE:



For quality. You really can't beat Hidden Beach for a great experience!



For cost (book a group trip for the best prices).



For spice but Hidden Beach is working on a 3. Full nudity is allowed and welcomed everywhere on the property.

As an observation, many Hidden Beach guests typically dress for dinner and often visit the El Dorado Resort / Sensimar Resorts next door to enjoy dining at 10 other restaurants. As a guest of Hidden Beach, you have unlimited access and use of all facilities of the El Dorado Resort and Sensimar properties... of course, with your clothes on.

HIDDEN BEACH IS THE BEST QUALITY CLOTHING OPTIONAL RESORT AVAILABLE TODAY

Some Hidden Beach guests typically dress for dinner and often visit the El Dorado Resort / Sensimar Resorts next door to enjoy dining at 10 other restaurants. As a guest of Hidden Beach, you have unlimited access and use of all facilities of the El Dorado Resort and Sensimar properties... of course, with your clothes on. Guests at those two resorts may visit Hidden Beach by buying a day pass.

What it is:

[Hidden Beach Resort](#) is an intimate, high quality, all inclusive resort that commands luxury value. The affiliate resorts next door to Hidden Beach are El Dorado Resort and Sensimar by Karisma. Guests of Hidden Beach can also enjoy the extensive amenities and restaurants at El Dorado Resort and Sensimar, which are not clothing optional but they are adults only for singles and couples.

Who enjoys it the most:

The people who love Hidden Beach enjoy a combination of nudity in a luxurious tropical setting with total privacy. The location of Hidden Beach allows for the nude beach to be accessed only by guests.

There is a sensual, accepting and playful atmosphere at Hidden Beach. The "wilder" crowd who would enjoy a definite sizzle or sexual charge in public won't find it at [Hidden Beach Resort](#). Of course, that's not to say you can't up your spice level while staying at Hidden Beach but that is totally up to you.

Where:

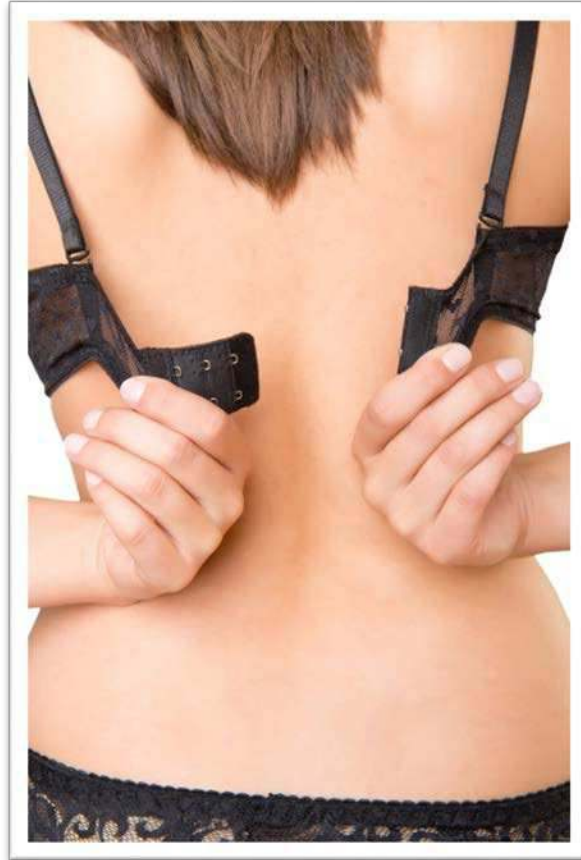
Hidden Beach is located on the Caribbean Sea one (1) hour south of Cancun's International airport on the Mexican Riviera.

When:

The prime season is when this part of the Caribbean is at its best during winter and spring. During the off-season (summer and fall), rates are value-priced. The trade off is warmer temperatures for the best deal. Castaways invites you to join their group trips that offer lower contract room rates. We have negotiated special rates during these "takeover" events that are even more very attractive.

Click here to learn more [about Hidden Beach Resort](#) or to see [our group trips](#).

CLOTHING IS ALWAYS OPTIONAL



Hidden Beach Resort has a liberal policy about being nude. Guests enjoy being nude during the day for sunning, dining at breakfast or lunch and the pool and beach. If you want to wear a swimsuit, enjoy toplessness or cover up at any time, that's your choice. Wear clothing when you want to or don't. Either way is fine 24-hours a day anywhere at Hidden Beach. Many guests dress for dinner at Hidden Beach Resort, especially those planning to dine next door, visit the bars and enjoy entertainment at El Dorado Seaside Suites or Sensimar Resort - steps away from the front door of Hidden Beach.

CODE OF CONDUCT

The resort is for guests participating in nude recreation and relaxation. However, there is an expected code of conduct and certain restrictions to ensure everyone is comfortable. They include:

- You may be nude always within the Hidden Beach Resort property
- Interpersonal behavior between guests and the staff is not allowed
- No photographs or videos permitted without express permission of all people in the photo or video
- Explicit sexual behavior is not allowed in public areas. There are private palapas on the beach for a bit more privacy as well as guest suites.
- You may enjoy all the amenities at the neighboring El Dorado Sensimar Resort Seaside Suites as well, but clothing or swim wear is requested.
- No press or media are allowed
- No means NO always in all situations

LUXURY ALL-INCLUSIVE SUITES AND SERVICES



[Hidden Beach Resort](#) suites all have a private sitting area with table & chairs and a fully stocked premium liquor cabinet. The resort can accommodate special requests if you let us know before you arrive so we can have them stock your favorite brand when you book your trip with Castaways Travel. Rare and Ultra-premium liquors are subject to additional charge.

The nude pool features a swim-up bar with premium liquors, hot tub, a beautiful sandy beach with shady palapas for privacy and sun shade. The Moonlight bar is on site that also rocks at night with entertainment, theme nights, live acts and entertainment most evenings.

Imagine the freedom to enjoy intimate clothing-optional dining with fine wine & liquor. Did we mention 24-hour room and concierge services?

This wonderfully intimate resort setting is also available to reserve for private group retreats as well.

Accommodations include your choice of 4 luxurious suite choices:

- ⦿ Ocean front Jacuzzi suites on the 2nd & 3rd floors (18)
- ⦿ Ocean front Jacuzzi Dome suites on the 2nd & 3rd floors (6)
- ⦿ Ocean front Swim Up Jacuzzi Suites on the 1st floor that connect to the lazy river, leading to the nude pool (18)
- ⦿ A luxurious Presidential Suite (1) A two story luxury apartment facing the beach with its own plunge pool, patio and balcony with all facilities including a gorgeous Master Bedroom and living room with living room and wet bar for entertaining

See them all in the Hidden Beach Photo

Album: <http://hiddenbeach.net/nude-resort-photo-gallery/>

TO RECAP - ALL-INCLUSIVE FEATURES OFFERED AT THE RESORT INCLUDE:

- ⦿ Individual, personalized check-in with welcome glass of champagne
- ⦿ No tipping - Gratuities are part of your room fees
- ⦿ All meals and snacks at the a la Carte restaurant
- ⦿ Bottle of sparkling white wine in your room upon arrival
- ⦿ 24-hour room and concierge service
- ⦿ Satellite TV, DVD/CD player, and DVD library
- ⦿ Ground floor suites connect to a lazy river that flows to the resorts' nude pool
- ⦿ Each swim-up suite includes a built-in table and stools in the pool for relaxing & socializing
- ⦿ Second and third-floor suites are all Oceanfront, some with balconies
- ⦿ All suites have a Jacuzzi tub for two
- ⦿ All suites decorated in modern and contemporary Mexican architecture
- ⦿ All suites have energy efficient air conditioning, king-sized beds, ceiling fans, free Wi-Fi, a safety deposit box and telephone. Electricity is 110v just like the USA.

- Free, first-come-first-served unlimited use of high-speed PC and internet service in the lobby of Hidden Beach Resort. For guests who bring their laptop, there's Free Wi-Fi access in the Hidden Beach Resort lobby and in each guestroom
- Premium alcoholic beverages, cocktails and house wines. Fine wines are available from the resort's carefully selected wine list. Rare or premium liquors and wines are an extra charge
- Fine dining at the La Vista Restaurant plus free access to all El Dorado Sensimar Resort and Sensimar restaurants next door
- Unlimited access to all facilities at neighboring El Dorado Sensimar Resort Seaside Suites and Sensimar Resort (clothing required at both), including ten restaurants, more bars, fitness center, sauna & steam bath. They're steps away from the front door of Hidden Beach. For some facilities a distance
- from Hidden Beach, complimentary golf carts are available with driver 24 hours a day. There's an excellent gift shop on site plus tennis, kayaks, paddle boats, snorkeling, water polo, beach volleyball, ceramic painting available, yoga and more. NOTE: Amenities, restaurants and facilities are always being upgraded so this list is subject to change.
- Daily activities, theme nights, theme months and beach sports
- Fine dining at the La Vista Restaurant plus free access at all El Dorado Sensimar Resort restaurants next door
- Nude swim up bar & terrace at the "C'est la Vi" Cantina
- Two bars on site and discotheque Moonlight
- Fitness Center
- Clothing optional hot tub
- Clothing-optional beach
- Cozy thatched roof beach palapas built for two near the pool with beach bar service
- Unlimited access to all facilities at neighboring El Dorado Sensimar Resort Seaside Suites (clothing required). Including seven a la Carte restaurants, three bars, fitness center, sauna & steam bath. There is an excellent gift shop, bicycles, tennis, kayaks, paddle boats, snorkeling, water polo, beach volleyball, ceramic painting.
- International and long distance telephone calls to USA and Canada.

THE FOLLOWING OPTIONAL SERVICES ARE AVAILABLE FOR AN ADDITIONAL FEE:

- ⦿ Fine wines menu
- ⦿ Spa treatments (at El Dorado Sensimar Resort)
- ⦿ Laundry and dry cleaning (really? You brought too many clothes!)
- ⦿ FAX and telephone service including phone cards and long distance service. There is also a long distance, calling card and phone card service kiosk adjacent to the lobby at Hidden Beach
- ⦿ Tour desk & car rental
- ⦿ Taxi service to Playa del Carmen, Tulum, and Cancun
- ⦿ Scuba diving
- ⦿ Ultra-premium liquor and fine wine selections for in-room consumption. Each suite includes a liquor cabinet stocked with brands provided by the resort for classic drinks such as scotch whiskey, vodka, rum or tequila. The selection varies.

SPA SERVICES AT THE EXCLUSIVE NA'AY SPA(R) ARE ALSO AVAILABLE AT AN ADDED COST - PAMPER YOURSELF

- ⦿ Massage to de-stress and unwind. Swedish, sports, reflexology and shiatsu treatments
- ⦿ Facials – rejuvenate your skin with deep cleansing, moisturizing, nourishing, revitalizing & oxygenation
- ⦿ Exceptional body treatments – pamper your body with an exfoliating body scrub, milk bath, hot mud massage, or the spa's signature Royale Deluxe treatment
- ⦿ Beauty Salon – get gorgeous with a new hair style, a manicure, pedicure, and eyebrow braids
- ⦿ Eat, drink and be merry (and naked) in dozens of places
- ⦿ FAX service and other long distance service. There is also a long distance, calling card and phone card service kiosk adjacent to the lobby at Hidden Beach

THEME NIGHTS AND PARTIES

LOVE THE NIGHTLIFE? HOW ABOUT WITH A LITTLE SPICE ADDED?

If you like trying new things and meeting new people, welcome to paradise! [Hidden Beach Resort](#) hosts theme nights and monthly themes that set the mood for just about anything fun and feisty.

Theme nights at the Moonlight Disco Bar are subject to change periodically-these are examples of popular theme nights:

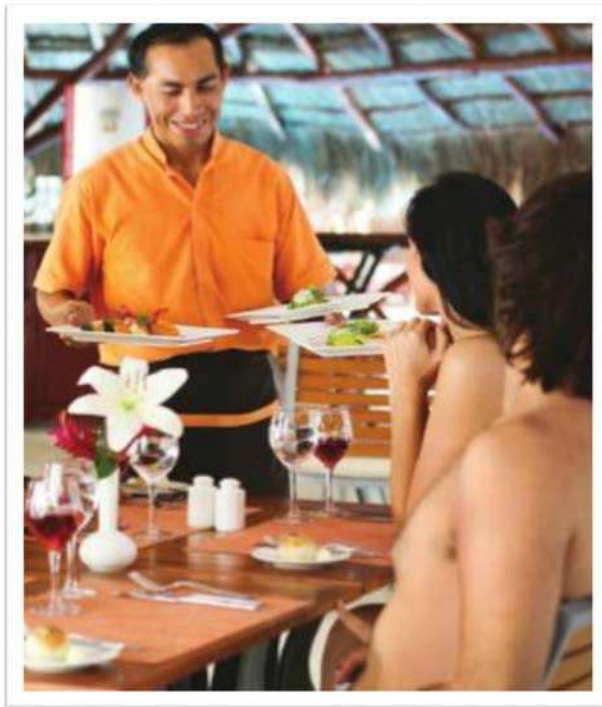
- Monday - Black & White
- Tuesday - Mardi Gras
- Wednesday - Pool Toga Party
- Thursday - Cowboy & Cowgirl Party
- Friday - Glow Party
- Saturday - Rocker Night
- Sunday - Sexy Lingerie



NOTE: Theme nights activities and special events at Hidden Beach are always subject to change. This list is for examples of planned functions.

A wealth of restaurants and bars to explore at three resorts are included in your Hidden Beach room accommodation. There is no charge to use the facilities or restaurants next door. Some dining venues may require reservations and long pants for the guys; please ask your Hidden Beach Concierge for details.

DINING – SO MANY GREAT CHOICES



A wealth of restaurants and bars to explore at two resorts, included in your Hidden Beach room accommodation

Dining at [Hidden Beach Resort](https://www.hiddenbeach.net) is known for our famous "Gourmet Inclusive."

Breakfast, lunch, and dinner meals are served at the La Vista a la Carte restaurant, located between the two guest buildings. Each evening, a special menu is highlighted that features unique cuisine and dishes prepared especially for guests.

Light snacks are also available throughout the day from the bar and grill. For private dining options, 24-hour room service is included. Their famous "Gourmet Inclusive" dining program at El Dorado Sensimar Resort, Sensimar and Hidden Beach Resorts feature upscale and varied menus you're sure to enjoy including unique local cuisine as well as international specialties. Often open air dining is also featured for an evening of fun and entertainment around the pool deck at Hidden Beach.

HIDDEN BEACH RESORT BARS AND RESTAURANTS (TIMES MAY VARY):

- ⦿ *La Vista Restaurant – “A la Carte” is the main restaurant at HBR Serving meals and snacks all day for breakfast, lunch and dinner to 10 PM*
- ⦿ *C’ est La Vie Swim-up Bar – Open daily from 10:00 a.m. – 02:00 a.m.*
- ⦿ *Moonlight Bar – Open daily from 05:00 p.m. – 02:00 a.m.*
- ⦿ *Vida Loca Disco Bar – Open daily from 09:00 p.m. – 02:00 a.m.*

DINING AT EL DORADO SEASIDE SUITES – SENSIMAR RESORTS NEXT [door to](#) HIDDEN BEACH

As a guest of HBR, you have full access to all the restaurants and bars at the El Dorado & Sensimar Resort at no additional charge. El Dorado & Sensimar Resort restaurants and bars include:

RESTAURANTS AT EL DORADO & SENSIMAR RESORT

- ⦿ **Arrecifes** - *International Cuisine Explore sumptuous flavors from all over the world in an elegant, air-conditioned atmosphere. An expansive chef's menu of beautifully prepared gourmet cuisine ensures that there's always something for everyone.*
- ⦿ **La Carreta Restaurant** – *Authentic Mexican Cuisine. How Mexican food is supposed to taste! It's a brilliant blend of pure, garden fresh herbs and vegetables, traditional seasoning, and masterful presentation, to provide a real memorable dining experience.*
- ⦿ **Mia Casa** – *Contemporary Italian Cuisine. The resort's most romantic restaurant features beautifully prepared traditional Italian favorites, made with fresh-off-the-vine vegetables and imported Italian ingredients to ensure authenticity. Dine indoors, or al fresco overlooking lighted tropical gardens.*
- ⦿ **Klay Talay** - *Asian/Wok Cuisine Enjoy a contemporary interpretation of classic Asian dishes in a hip, sexy atmosphere. Start with drinks at the outdoor cocktail lounge, featuring authentic Japanese beers and sake. Then head upstairs for an exceptional dining experience from a full à la carte menu.*
- ⦿ **Culinarium Restaurant** - *Latin Fusion Cuisine The spring garden setting is a breath of fresh air, providing an extensive À la carte menu of brightly colored, creatively presented dishes. Add to the festive atmosphere with a great selection of flavored margaritas and cocktails from Margaritas Bar, located inside the restaurant.*

- ◉ **Margaritas Bar**, located inside the restaurant.
- ◉ **Gourmet Pub** - World Cuisine. Created in the spirit of sharing, sample a vast selection of foods from all over the world, beautifully prepared and served in a relaxed, rustic setting. Reservations are required.
- ◉ **Beach BBQ** - Enjoy a rotating menu of your favorite foods served with a gourmet flair and spectacular ocean views. Specialties include paella, hamburgers, hot dogs, chicken and shrimp skewers, hot off the grill. And choose from a vast menu of international cocktails and drinks from the bar.
- ◉ **Sandwicherie** - Gourmet Bites and more Wood-fired oven pizzas served to order, along with a selection of Angus burgers, burritos, fresh salads, ice cream and other light snacks.
- ◉ **Chef Market** - World Cuisine. A journey through the world's different cuisines with an environment that reflects the passion of the chef.
- ◉ **Gourmet Oceanfront Corner** - This restaurant is an active celebration of food, energy, music and the good life at the beach.
- ◉ **Seaside Market World Cuisine** - Guests can choose from a welcoming, lavish food display featuring cooking stations for breakfast. Preparations range from imaginative salads, mouthwatering main dishes, irresistible home-baked bread, and patisserie to satisfy every palate. This restaurant offers a journey through the world's different cuisines with an environment that reflects the passion of the chef. Located at main lobby.
- ◉ **Driftwood Gourmet**- Ocean Front Restaurant & BBQ Corner To satisfy any cravings this oceanfront restaurant offers a variety of mouthwatering sandwiches, veggie dips and delectable healthy salads as well as daily Paella. This sea front restaurant is a vibrant celebration of food, energy, and music and beach life. Refreshing and unpretentious, the outdoor BBQ offers succulent burgers for those who want to maximize their time in the sun. Driftwood is located next to the main pool in front of the beach.

BARS

- ◉ **Guacamayas** - Enjoy chilled Mexican beers, cheladas, awesome cocktails and smooth tequila, while swaying to tropical music on a swing chair in this fun-filled palapa bar. There's also the Healthy Corner with smoothies, fresh, natural juices and fresh fruit.
- ◉ **Cotorros** - From the comfort of a swing chair while mixologists prepare your favorite drink, in this relaxing open-air palapa bar.

- ◉ **Lobby Bar**, *The Mezcalito Bar*, honors Mezcal, a traditional Mexican liquor.
- ◉ Located under a thatched roof inside **La Carreta Mexican Restaurant** you will discover *La Cantina Tequila Bar*. This tequila bar features a broad selection of prized tequila brands, a selection of sixteen flavored homemade tequilas, hand-shaken or frozen margaritas, and creative tequila cocktails.
- ◉ **Margaritas** - Choose from a vast choice of margaritas and cocktails in a relaxing garden setting inside the *Vida Garden Grill* restaurant.
- ◉ **Swim Up Oceanfront Bars** - Located in the central pool and satellite plunge pools including *Gaviotas Swim Up Bar & Lounge*, *Colibri*, *Arrecifes*, *Swim Up Bar & Gourmet Corner*

WHAT TO PACK



Packing Checklist for nudists – we love that 14 out of 18 items do not include clothes!

- ⦿ Sunscreen lotion with maximum SPF protection (lots!)
- ⦿ Lip sun protection, SPF 30+
- ⦿ Protective sunglasses
- ⦿ After-sun aloe lotion
- ⦿ Hat for sun protection
- ⦿ Athletic shoes to work out in the gym or play sports
- ⦿ Flip flops
- ⦿ Yoga or workout clothes (optional)
- ⦿ Fun clothing for themed evening parties
- ⦿ A bathing suit if you want to check out the pool, beach or water sports at El Dorado Sensimar Resort Seaside Suites or if you want to wear it at Hidden Beach
- ⦿ Clothes for off-site excursions or to visit the restaurants, bars, spa or other facilities at El Dorado Sensimar Resort Seaside Suites next door

- Beach bag to carry belongings
- Airline tickets
- Passport
- Prescription drugs
- Toiletries
- Credit Cards
- Lanyard for room keys
- Aqua Shoes for wading in the saltwater
- Flashlight

ENJOY THESE AMERICAN EXPRESS CARD BENEFITS FROM CASTAWAYS TRAVEL

Earn points by using your American Express card enrolled in the Membership Rewards Program in the U.S. Use your points to pay a deposit, buy airfare, travel insurance, prepaid packages or make a final payment on certain AmEx preferred cruise lines and tour operators.

Use your non-AmEx charge card and still qualify for benefits from Castaways Travel via our American Express preferred cruise lines and tour operators. Not an AmEx card holder? **Just the use of one of the cash back or discount benefits below may pay the price of acquiring an AMEX Card.**

DETAILS:

American Express Preferred Cruise lines offer:

1) *Benefits for certain American Express Card holders in the USA may include:

- Ship board credits - some up to \$500/suite
- Early Boarding Benefits - Priority boarding, early boarding, special disembark services for suite holders
- Spa Vouchers
- Group Pricing/Amenities: For your individual reservations, enjoy AmEx group cruise benefits such as Early Booking discounts, past passenger programs and amenities, extra card points

- Sample amenities(Varies by cruise line): Behind the scenes private ship tour or galley tour, welcome champagne or wine in cabin, shore excursion credits, priority boarding, free specialty dining voucher, extra points for ship board expenditures
- Single travelers' eligible for pro-rated use of benefits above
- Family benefits may include ship board credits, complimentary soda package for kids, family cruise discounts and credits for children 18 and younger
- Buy non-restricted airfare with AmEx points without seat restrictions or blackout dates

2) Benefits for all other card holders - Visa, Master Card, Diners Club. Because Castaways Travel is affiliated with American Express Travel, certain cruise lines offer special amenities where no card affiliation is required. Benefits include blocked space (pre-reserved cabin availability), group pricing (see above), group onboard amenities (hosts, receptions, tours, etc.), destination family programs. Varies by cruise line.

American Express Preferred Resort and Tour Operators offer:

- 1) Benefits for certain American Express Card holders in the USA may include:
- Extra Membership Award points/dollar on qualifying vacation packages, no maximum
 - Up to \$250/person discount on certain premium tour operators
 - \$100 instant credit with 7 preferred tour operators for certain sightseeing tours, ski lift ticket packages, on line store offers, airport transfers, pre-booked tours
 - Family amenities on Travel Impression packages: Guaranteed connecting or adjoining rooms for families, kids stay/play/eat free plus assorted benefits such as 50% off 2nd room, resort credits, free night stays, free kid's clubs, complimentary baby sitting, complimentary breakfast, guaranteed early check in (3 night minimum required)

- Suppliers require a qualifying booking of \$3,000 or more, excluding airfare, transfers, taxes, etc.
- Airline tickets bought with AmEx points have no seat restrictions or blackout dates

2) Benefits for all other card holders - Visa, Master Card, Diners Club plus AmEx card holders:

Custom-designed vacations, family holidays and specialty hotel programs are available for experiences you cannot buy "off the shelf" for solo travelers, couples, seniors, families and multi-generation travel and cruises. Unique experiences may include, but not be limited to:

- World-class sporting events such as World cup, Olympics, World Series, Super Bowl, Masters golf, British Open
- Custom safaris
- Wilderness experiences
- Mountain climbing
- Art tours
- Religious tours
- Culinary tours and private chef experiences
- and many other discovery adventures and cultural enrichment travel

*Offers above vary by tour operators are subject to change or withdrawal without notice. Not an AmEx card holder? **Just one of the cash back or discount benefits above may pay the price of acquiring your own AMEX Card.**

HOW TO BOOK

Well, that's the easy part!

Visit this website for more information:

<http://hiddenbeach.net/>

Make sure to look at our groups trips too:

<http://hiddenbeach.net/group-trips>

Send your travel dates for a quote:

http://www.hiddenbeach.net/reservations01.htm?_blank

Please give a call with any additional questions: 800 470-2020

Thanks for reviewing this eBook!

Jim and Donna

Castaways Travel